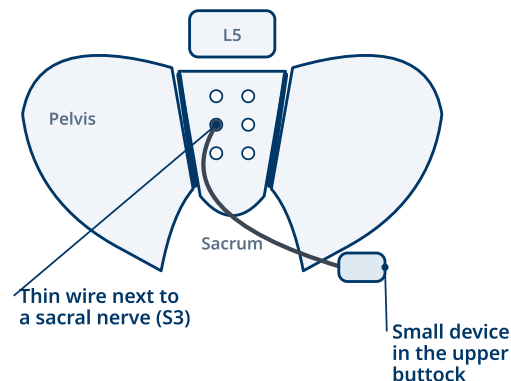


Sacral Neuromodulation

What it is

Sacral neuromodulation uses mild electrical pulses to the nerves that control the bladder and bowel. You try it for a short time first. If it helps, a small device can be placed under the skin.



Why it is done

- Overactive bladder or urge incontinence
- Non-obstructive urinary retention
- Fecal (bowel) incontinence
- Symptoms not adequately improved with conservative care or medication

Self-care tips

- Keep the cut clean and dry until it heals.
- During healing, avoid bending, lifting and twisting as told.
- Carry your device ID card. Tell other providers you have a device before any MRI.
- Charge or check your device as shown.

What to expect

Before: You keep a bladder or bowel diary. A test wire is placed and worn for days to weeks while you track your symptoms.

During: If the test helps, a small long-term device is placed under the skin of the upper buttock in an outpatient procedure.

After: You have follow-up visits to adjust the settings. Keep using your diary to track changes.

When to call us

- Fever over 101°F or chills
- Redness, swelling or fluid draining from the cut
- The device stops working or gives an unusual feeling
- Symptoms that get worse

Call 911 for chest pain, trouble breathing, or loss of bladder or bowel control.

Call 732-202-3000

One number for all offices. Questions about this handout? We are glad to help.

Our 7 offices: Whiting · Toms River (Hooper Ave) · Brick · Barnegat · Manahawkin · Freehold · West Long Branch

gsmedicalcenter.org/treatments/sacral-neuromodulation/



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This handout is general information and is not a substitute for medical advice.