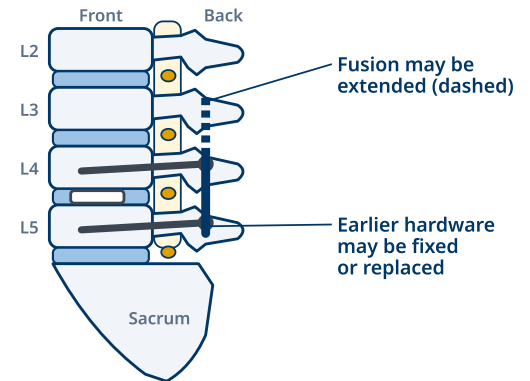


Revision Spine Surgery

What it is

Revision surgery is another surgery on a part of the spine that was operated on before. It may be needed if pain returns, a fusion does not heal, or hardware has a problem.

This surgery is usually done in a hospital. Your surgeon will explain what to expect. Call 732-202-3000 to learn which surgeon performs it.



Why it is done

- Imaging and exam showing a specific problem that matches symptoms
- Nonunion, broken or loose hardware
- Recurrent compression or adjacent segment disease
- Symptoms not explained by nerve pain alone

Self-care tips

- Walk a little several times a day.
- Follow your limits on lifting, bending and twisting.
- Keep the cut clean and dry. Follow your wound care instructions.
- Take pain medicine only as directed. Do not smoke; it can slow healing.

What to expect

Before: Your surgeon reviews your past surgery, imaging and sometimes nerve tests. You meet with your surgeon and may need imaging, blood tests and a health check. You will get instructions about eating, drinking and medicines, including blood thinners. Plan for a ride home.

During: Surgery may remove pressure on nerves, fix or replace hardware, extend a fusion or correct alignment. The plan depends on what needs to be fixed.

After: Recovery often takes longer than the first surgery. Your hospital stay and recovery depend on what was done.

When to call us

- Fever over 101°F or chills
- Redness, swelling or fluid draining from the cut
- Pain, swelling or redness in your calf
- New or worse numbness or weakness

Call 911 for chest pain, trouble breathing, or loss of bladder or bowel control.

Call 732-202-3000

One number for all offices. Questions about this handout? We are glad to help.

Our 7 offices: Whiting · Toms River (Hooper Ave) · Brick · Barnegat · Manahawkin · Freehold · West Long Branch

gsmedicalcenter.org/services/spine/surgeries/revision-spine-surgery/



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