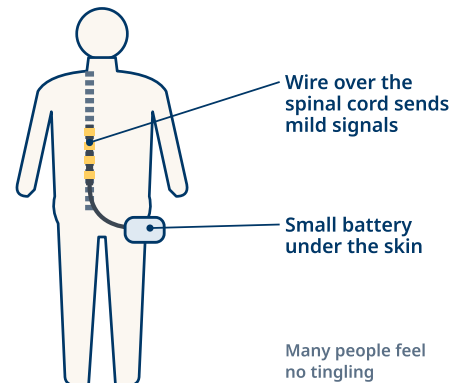


High-Frequency Neurostimulation

What it is

High-frequency stimulation is a type of spinal cord stimulation. A small device sends mild signals to the spinal cord. Many people do not feel tingling with this type. You try it first before deciding.



Why it is done

- Chronic back and/or leg pain
- Persistent pain after spine surgery
- Painful diabetic neuropathy
- Patients who prefer a therapy without tingling

Self-care tips

- Keep the cut clean and dry until it heals.
- During healing, avoid bending, lifting and twisting as told.
- Carry your device ID card. Tell other providers you have a device before any MRI.
- Charge or check your device as shown.

What to expect

Before: You try the device first for about a week. Thin wires are placed through a needle and connected to a small device you wear outside the body.

During: You and your doctor look at how much your pain and daily activities improved during the trial.

After: If the trial helped, a long-term device is placed under the skin in an outpatient procedure. You will have follow-up visits to adjust the settings.

When to call us

- Fever over 101°F or chills
- Redness, swelling or fluid draining from the cut
- The device stops working or gives an unusual feeling
- Symptoms that get worse

Call 911 for chest pain, trouble breathing, or loss of bladder or bowel control.

Call 732-202-3000

One number for all offices. Questions about this handout? We are glad to help.

Our 7 offices: Whiting · Toms River (Hooper Ave) · Brick · Barnegat · Manahawkin · Freehold · West Long Branch

gsmedicalcenter.org/treatments/high-frequency-neurostimulation/



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This handout is general information and is not a substitute for medical advice.