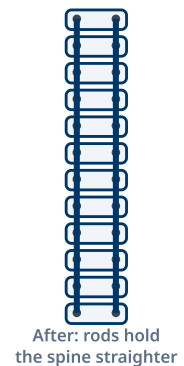


Scoliosis & Deformity Correction

What it is

Deformity correction surgery helps straighten a curved or badly aligned spine. It usually uses screws and rods. It is a large surgery that needs careful planning.

This surgery is usually done in a hospital. Your surgeon will explain what to expect. Call 732-202-3000 to learn which surgeon performs it.



Why it is done

- Disabling back or leg pain from scoliosis or kyphosis
- Progressive curves or loss of balance
- Nerve compression
- Overall health and bone quality suitable for major surgery

Self-care tips

- Walk a little several times a day.
- Follow your limits on lifting, bending and twisting.
- Keep the cut clean and dry. Follow your wound care instructions.
- Take pain medicine only as directed. Do not smoke; it can slow healing.

What to expect

Before: Planning includes full-length X-rays, a CT scan and often a bone density test. You meet with your surgeon and may need imaging, blood tests and a health check. You will get instructions about eating, drinking and medicines, including blood thinners. Plan for a ride home.

During: You get general anesthesia. Screws and rods are placed and the spine is gently realigned. Some surgeries are done in stages.

After: You usually stay in the hospital for several days, sometimes with rehab after. Full recovery can take a year or more.

When to call us

- Fever over 101°F or chills
- Redness, swelling or fluid draining from the cut
- Pain, swelling or redness in your calf
- New or worse numbness or weakness

Call 911 for chest pain, trouble breathing, or loss of bladder or bowel control.

Call 732-202-3000

One number for all offices. Questions about this handout? We are glad to help.

Our 7 offices: Whiting · Toms River (Hooper Ave) · Brick · Barnegat · Manahawkin · Freehold · West Long Branch

gsmedicalcenter.org/services/spine/surgeries/deformity-correction/



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